



# CUTASA S.L. COLECTIVIDADES

## MENUS DEL MES DE FEBRERO SIN CERDO



### LUNES

### MARTES

### MIÉRCOLES

### JUEVES

### VIERNES

				1
3	4	5	6	7
Lentejas con puerro y zanahoria / Lentils stew with vegetables Tortilla de patata con ensalada / Potato omelette with salad Yogurt , Pan / Yoghurt, bread	Macarrones con pavo y tomate / Macaroni with turkey in tomato sauce Salmón en salsa con ensalada / Salmon in sauce with salad Fruta, Leche , Pan / Fruit, milk, bread	Judías Verdes Rehogadas / Sauted green beans Pollo Con Patata panadera / Chicken with potatoes Fruta, Leche , Pan / Fruit, milk, bread	Garbanzos Con Arroz Y Verdura / Chickpeas stew with rice Filete De hallibut Con Tomate Y Ensalada / Baked pomfret in tomato sauce Fruta, Leche , Pan / Fruit, milk,	Sopa verdura / vegetable soup Albóndigas ternera En Salsa Con Patatas /Meatballs in sauce with potatoes Fruta, Leche , Pan / Fruit, milk, bread
10	11	12	13	14
Arroz con tomate / Rice in tomato sauce Dados de rape con ensalada / baked Monkfish with salad Yogurt , Pan / Yoghurt, bread	Pur Ede verdura / Vegetables puree Filetes Rusos pollo Con Patatas Dado / Burguer in sace wit potatoes Fruta, Leche , Pan / Fruit, milk, bread	Sopa de Cocido/ Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and milk,	Puré de zanahoria / Carrot puree Ragout pavo Con patata / Turkey stew with potatoes Fruta, Leche , Pan / Fruit, milk, bread	Pasta carbonara / Pasta in carbonara sauce Bacalao rebozado con ensalada / Battered cod with salad Fruta, Leche , Pan / Fruit, milk, bread
17	18	19	20	21
Espaguettis con tomate / Spagetti in tomato Filete De Limanda Con Ensalada / Baked sole with salad Yogurt , Pan / Yoghurt, bread	Lentejas Guisadas / Lentils stew Tortilla De Espinacas Con Pavo Y Ensalada / Spinach omelette with turkey Fruta, Leche , Pan / Fruit, milk, bread	Pure De calabaza / Pumpkin puree Estofado de Ternera salsa y cous cous / veal stew with cocus cous Fruta, Leche , Pan / Fruit, milk, bread	Arroz Con Verduras / Rice with vegetables Merluza Con Tomate / Baked hake in tomato sauce Fruta, Leche , Pan / Fruit, milk, bread	Judias blancas con verdura / Beans stew with vegetables Pavo con ensalada / Grilled turkey with salad Fruta, Leche , Pan / Fruit, milk, bread
24	25	26	27	
Caracolas Con Atún / pasta with tuna Merluza Romana Con Ensalada / Battered hake with salad Yogurt , Pan / Yoghurt, bread	Judías Pintas Con Arroz / Beans stew with rice Huevos rellenos Con Ensalada / Stuffed eggs with salad Fruta, Leche , Pan / Fruit, milk, bread	Crema De Verduras / Vegetables cream Escalope de pollo Con Patatas / Breaded chicken with potatoes Fruta, Leche , Pan / Fruit, milk, bread	Sopa de Cocido / Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and milk,	